



# AUTHORIZATION FOR RELEASE OF PROTECTED HEALTH INFORMATION

Allied Benefit Systems, LLC  
P. O. Box 211651  
Eagan, MN 55121

P 800.288.2078  
F 312-906-8879  
E [eligibility@alliedbenefit.com](mailto:eligibility@alliedbenefit.com)

<b>Group Health Plan Name</b>		<b>Group Number</b>	
<b>Employee Name</b>		<b>Employee UID</b>	
<b>Employee Address</b>	<b>City</b>	<b>State</b>	<b>Zip</b>
<b>Phone Number</b>		<b>Email Address</b>	

My protected health information is individually identifiable health information, including demographic information, collected from me or created or received by a health care provider, health plan, my employer, or a health care clearinghouse, and that relates to: (1) my past, present or future physical or mental health or condition; (2) the provision of health care to me; or (3) the past, present or future payment for the provision of health care to me.

**I authorize the use and disclosure of my protected health information as described below:**

1. The following individual, organization or class of persons is authorized to use or disclose my protected health information:

---

2. The following individual, organization or class of persons is authorized to receive my protected health information:

---

3. The protected health information that may be used and disclosed is as follows:

---

*[Describe in as much detail as possible the protected health information that you wish to be used or disclosed. For example, the information to be used or disclosed may relate to payment, enrollment or claims. If so, you should include, if available, the types of claims, dates of service or types of service.]*

4. My protected health information will be used or disclosed for the following purpose(s):

---

*[Describe the reason for each use and disclosure of the protected health information. If an individual initiates the authorization for his or her own purposes, insert "at the request of the individual."]*

5. I understand that if my protected health information is to be received by an individual or organization that is not a health care provider, health care clearinghouse or health plan covered by federal privacy regulations, my protected health information described above may be re-disclosed and no longer protected by federal privacy regulations.

6. I understand that I may refuse to sign this authorization. I further understand that my Group Health Plan (“GHP”) will not condition enrollment in my GHP or eligibility for benefits on my signing this authorization.

7. I understand that I may revoke this authorization at any time by mailing/faxing a written notification to \_\_\_\_\_, at \_\_\_\_\_, \_\_\_\_\_ and this revocation will be effective for future uses and disclosures of protected health information. However, I further understand that this revocation will not be effective for information that my GHP already has used or disclosed, relying on this authorization.

8. The date/event this authorization expires: \_\_\_\_\_.

**Individual Signature or Personal Representative:**

---

**Description of Personal Representative’s Authority:**

---

**Individual Name (Please Print):**

---

**Date:**

---